

Changing Lives Outreach

Volunteer Opportunity Directory

Community Outreach

Volunteers will engage in meaningful behavioral health activities based on the needs of the population served by community organization partners. Interactions between volunteers and organization clients are focused on relationship building and providing needed support. A 25 hour per semester (minimum) commitment is required.

Andre House (Fingerprint Clearance Card NOT Required)

213 S. 11th Ave. Phoenix, AZ 85007

<https://andrehouse.org/>

Andre House is a ministry to the unhoused and low SES populations of the Phoenix area.

Targeted Experience:

Volunteers connect and serve guests through personal interaction while providing support with local resources, hygiene needs, business center access and utilization, basic necessary item distribution, and food service.

Volunteers may provide support with the facilitation of engagement activities with guests such as music sing-along, yoga, sewing, resume building, and more.

Big Brothers Big Sisters

Various Locations

<https://www.bbbs.org/>

Big Brothers Big Sisters of Central Arizona helps create and support one-to-one mentoring relationships that ignite the power and promise of youth.

Targeted Experience — Lead Mentor:

Lead Mentors will provide positive role modeling and exposure to help Littles plan and set goals, increase social and emotional skills, as well as their self-confidence and sense of belonging. The support will be provided by facilitating a group-specific curriculum along with individual mentoring sessions with Littles as needed to promote positive outcomes.

Boys and Girls Club of the Valley

Program Service Center: 4309 E. Bellevue Street – Building 14, Phoenix, AZ 85008

<https://www.bgcaz.org>

Boys and Girls Club of the Valley (BGCAZ) provides safe, supportive after-school programming for children and youth, helping young people build confidence, develop skills, and thrive in a positive Club environment.

Targeted Experience:

Qualified service-learning students support the Whole Child Approach program's on-site Wellness Coach during after-school programming at selected Boys & Girls Club of the Valley locations. Students may assist with wellness activities, social-emotional learning opportunities, mentoring, and engaging students of various

ages and backgrounds, as well as maintaining the site's Whole Child Approach Resources Binder. This service-learning role helps create a safe, supportive, and positive environment for children and youth in grades K-6 while assisting with enrichment and wellness-focused programming.

Brighter Bites (Fingerprint Clearance Card NOT Required)

Various Locations

<https://www.brighterbites.org/location/phoenix/>

Brighter Bites is a national nonprofit that helps families eat more fruits and vegetables through a consistent, evidence-based model: produce distribution + nutrition education + food demos. It launched in Arizona on October 17, 2023, and is now in its fourth school year in Phoenix.

Targeted Experience:

Volunteers help bag and distribute produce, share nutrition tips/recipes/resources, assist with surveys, and may support classroom demos/lessons, dietetics projects, or focus groups.

Catalytic Health Partners

3050 W Agua Fria Freeway, Suite 150, Phoenix, AZ 85027

<https://www.catalytichealthpartners.com/>

Catalytic Health Partners is a population health management organization dedicated to serving some of the highest-cost, highest-risk, and most vulnerable AHCCCS members. Our work focuses on addressing Social Needs, Behavioral Health, and Physical Health to improve overall well-being and quality of life.

Targeted Experience:

Through our volunteer program, participants can directly support our members in meaningful ways. Opportunities may include organizing essential items, building care packages, assisting with resource research, and contributing to initiatives that address real community needs. We believe this partnership would offer valuable, hands-on experience while fostering compassion, community engagement, and a deeper understanding of population health.

Catholic Charities

5151 N. 19th Avenue, Phoenix AZ 85015-3224

<https://www.catholiccharitiesaz.org/>

Catholic Charities works to help community members that are in vulnerable situations to permanently improve lives.

Targeted Experience:

Volunteers will engage with community members seeking assistance or help with domestic violence, early education, homelessness, etc. This includes having the opportunity to mentor students and teens in vulnerable situations. Volunteers will gain a variety of experiences in different types of services and assistance for vulnerable community members.

Future for Kids

Various Schools

<https://futureforkids.org/>

Future for Kids mission is to provide mentor-driven, out-of-school time programs and camps that focus on academics, athletics, and ethics to improve the lives of youth who face adversity.

Targeted Experience:

Volunteers serve as mentors in a small group setting with 3-5 students in the after-school hours once per week. Curriculum, materials, and onsite program supervision are provided. Volunteers build relationships with the youth through activities focused on ethics (SEL), athletics (group activities) and academics (STEAM/STEM).

Glencroft Center–Zoe Life

8611 N. 67th Ave Glendale, AZ 85302

<https://www.glencroft.com/zoe2go/>

Glencroft Center-Zoe Life provides holistic wellness opportunities with a unique blend of physical, emotional, and spiritual well being, for seniors living in assisted living facilities.

Targeted Experience:

Volunteers will assist Glencroft staff in providing spiritual, emotional, physical, social, intellectual, and vocational activities for residents. Volunteers will learn and develop skills in providing assistance with a diverse background. Within Zoe Life specifically, volunteers will add a vibrant presence for seniors, weaving in values of support and enrichment.

Lutheran Social Services of the Southwest

2502 E. University Dr. Ste. 125 Phoenix, AZ 85034 (Main Location, can vary based on activity)

www.lss-sw.org

We stabilize people during crisis and transition, build a foundation where people can thrive, and preserve dignity and respect for the most vulnerable.

Targeted Experience:

Volunteers connect with refugee individuals or families and asylum seekers to provide emotional support through their transition. Volunteers assist in the coordination of travel plans for those seeking asylum. Refugees and their families are supported through navigation of their new community including grocery shopping, bus riding, English practice, and exploring career paths. Volunteers provide much needed support while distributing food boxes to community members in need. Volunteers may teach English reading, writing, and conversation practice with refugees who are learning the language.

Additional opportunities include Foster Child Tutoring, 1:1 English Tutoring for Refugee Adults, Refugee Youth Mentorship (ages 15-24), plus creating English learning curriculum, administrative work, and/or special events.

MANA House

2422 W. Holly St. Phoenix, AZ 85009

<https://manahouseaz.org/get-help/mana-house>

MANA (Marines, Army, Navy, Airforce) House is a peer-support organization of homeless and formerly homeless veterans. We help support veterans rebuilding their lives by providing support from our staff and partners.

Targeted Experience:

The Catholic Charities–MANA House Volunteer Onsite Events Coordinator supports the Community Engagement Coordinator by helping plan and run outreach events for homeless veterans. The coordinator organizes volunteers and onsite operations to ensure events are smooth, welcoming, and respectful, connecting veterans with needed resources and support.

Rise Up Glendale: AZ Counter Drug Task Force – Drug Demand Reduction Outreach (30 Hour per Semester Minimum Volunteer Requirement)

Various Schools

www.riseupglendale.org

Rise Up! Glendale works with law enforcement, healthcare, education and various other community-based organizations and volunteers to reduce the demand for drugs through several methods such as websites and social media awareness, education campaigns, drug take-back events, Naloxone and Deterra drug disposal kit distribution, community surveys, assessment of community needs and in-school resiliency and prevention education, specifically tailored to meet the needs of our community.

Targeted Experience:

Co-Facilitate weekly, resiliency-based drug prevention psycho-educational groups for 6th to 12th graders. Utilize THRIVE: Resilience for Teens program.

Saint Vincent de Paul

420 W Watkins Rd, Phoenix, AZ 85003

<https://www.stvincentdepaul.net/>

Saint Vincent de Paul provides housing, clothing, meals, and works to heal families and individuals in the community.

Targeted Experience:

Volunteers will assist in daily work providing housing, clothing, and meals to those in need. With a wide range of volunteer opportunities curated for different lifestyles. Some opportunities include serving dinner, sorting food, hosting birthday parties for residents, and leading an arts workshop.

Terros

1802 E Thomas Rd, Phoenix, AZ 85016

<https://terroshealth.org/mobile-crisis/>

From primary care to mental health and addiction recovery, we provide integrated services that treat the whole person — mind, body and spirit. And because we know that health is shaped by more than medicine, we support our patients as they address the social factors that matter most: food, employment, housing, transportation, and more.

Targeted Experience:

Greeting patients in our integrated healthcare clinics, supporting community outreach events, administrative assistance (with supervision), Health information support (non-clinical), Participate in special events.

K-12 Outreach

Volunteers will be paired together to plan and co-facilitate social-emotional support groups on a weekly basis. Group topics will be based on the needs of the student population and may be related to anxiety, coping skills,

social skills, unique families, and relationships. Volunteers will collaborate with school administrators to determine the needs of the students and the specific structure of each individual group. Student age groups will vary by location. A 25 hour per semester (minimum) commitment is required.

Alhambra High School

3839 W. Camelback Rd. Phoenix, AZ 85019
<https://www.pxu.org/alhambra>

GESD: Challenger Middle School

6905 W. Maryland Ave. Glendale, AZ 85303
<https://challenger.gesd40.org/>

DVUSD: Paseo Hills School

3302 W. Louise Dr. Phoenix, AZ 85027
www.dvusd.org/paseohills
K-8th

DVUSD: Desert Sky Middle School

5130 W. Grovers Ave. Glendale, AZ 85308
www.dvusd.org/desertsky
7th & 8th grade

DVUSD: Barry Goldwater High School

2820 W. Rose Garden Ln. Phoenix, AZ 85027
www.dvusd.org/domain/39

DVUSD: Deer Valley High School

18424 N. 51st Ave. Glendale, AZ 85308
www.dvusd.org/domain/42

Victory Autism Academy

2930 W. Bethany Home Rd, Phoenix, AZ 85017
www.victoryautismacademy.com
K-12

Victory Collegiate Academy

3635 N. 63rd Ave. Phoenix, AZ 85033
www.victorycollegiateacademy.com
K-8th

Victory Futures Academy

4802 N 59th Ave. Phoenix, AZ 85033
www.victoryfuturesacademy.com
K-8th

WESD: Desert Foothills Junior High School

3333 W. Banff Ln., Phoenix, AZ 85053
<https://desertfoothills.wesdschools.org/>

On Campus Outreach

Student volunteers provide peer-to-peer support to fellow GCU students and community members through partnership with other GCU programs. Volunteers will engage in activities with peers to support adjustment to the college experience, relationship building, and campus engagement. A 25 hour per semester (minimum) commitment is required in addition to any program specific requirements.

Fostering Futures (Fingerprint Clearance Card NOT Required)

GCU Campus

<https://gcuwelcome.org/fosteringfutures-1>

The Fostering Futures peer mentoring program was designed to help students navigate the transition to GCU, acclimate to GCU, establish peer relationships, and promote academic and personal goals. Peer Mentors offer encouragement, support, guidance, and an opportunity to build a relationship with a Fostering Futures student at GCU.

Targeted Experience:

Partner with a peer in the Fostering Futures Program to provide mentorship and support in their transition to GCU. Volunteers will meet with their mentee weekly for on campus activities, meals, events, etc., to support them in getting acclimated and engaged on campus and with other students. Volunteers must be in good academic standing, and be available to attend orientation, and up to 2 events throughout the semester in addition to CLO program requirements.

LOPES Academy (Fingerprint Clearance Card NOT Required)

GCU Campus

<https://forms.gcu.edu/lopes-academy>

*The L.O.P.E.S. Academy is a two-year non-degree program for neurodiverse individuals focused on workforce development skills. GCU Student Buddies work alongside L.O.P.E.S. Academy participants to provide friendships and support. Buddies meet with participants for **two Academic school years**, twice a week; during this time the buddies join participants for lunch, chapel, and social activities. This position impacts GCU students as well as L.O.P.E.S. Academy participants. Being a part of the program is a unique opportunity to learn and grow as individuals while touching the lives of others.*

Targeted Experience:

Partner with a L.O.P.E.S. Academy participant to provide friendship and support through joining them for chapel, lunch, and social activities twice per week (Mondays & Wednesdays/Thursdays depending on the Cohort) from 11 AM-1 PM. This is a 2-year commitment and buddies are asked to support and attend GCU activities with participant outside LOPES Academy hours.